



One year ago the simplest things became harder, like just getting up off a couch. I remember I'd have to roll off the couch because it was too difficult just to sit up, and when I got up I had to use a cane to walk. I had to step off a curb sideways, a year ago I also had to use an inhaler to help me breathe. Well that was then, today I'm not that guy. I can walk, run, jump, and breathe just fine on my own. That's what Oom Yung Doe has done for me, and can do for anyone, any age.



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